

## Discover the Balkans - ECWNG

12 days: Zagreb to Dubrovnik

### What's Included

- Your Journeys Highlight Moment: Siege of Sarajevo Tour, Sarajevo
- Your Journeys Highlight Moment: Agroturizam Experience, Dubrovnik
- Local Life: Traditional Peka Dinner, Zagreb
- Plitvice Lakes National Park walk
- Traditional peka dinner
- Split orientation walk around Diocletian's Palace
- Excursion to Mostar visiting the Stari Most (Old Bridge)
- Kotor orientation walk
- Dubrovnik city wall walk
- All transport between destinations and to/from included activities

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**VERY IMPORTANT:** Please ensure that you print a final copy of your Trip Details to review a couple of days prior to travel, in case there have been changes that affect your plans.

**VALIDITY:** Valid for all trips departing January 1st, 2017 and onwards

### Itinerary

**NOTE:** Accommodations vary per departure and are subject to change until tour start date; they are not final and should be used as examples only. Travellers may login to the G Adventures App to view accommodations specific to their departure.

#### Day 1 Zagreb

Arrive at any time.

Please make your own way to the joining hotel.

Zagreb is the capital of Croatia and has a very charming old city, complete with cobblestone streets and medieval buildings. Be sure to sample some of the delicious local food and drink. There are also a number of museums to explore focusing on art, history, and archaeology.

After the meeting, opt to head out for a meal in a local restaurant to get to know your CEO and travelling companions.

Hotel check-in time is approximately 3:00pm. If you'd like to explore this city, consider booking a night or two of accommodations before the tour begins.

#### Arrival Day and Welcome Meeting

1h

The adventure begins tonight. Feel free to explore before your welcome meeting, but make sure you're back in time to meet the group. After introductions, your CEO will review the details of your tour. Please note that normal check-in times apply at our start hotels, but you can usually store your luggage for the day if you arrive early.

#### Accommodation

##### Hotel Jadran (or similar)

Hotel

#### Day 2 Zagreb/Plitvice Lakes National Park

Enjoy an excursion to Plitvice Lakes National Park with a local guide and learn about the diverse wildlife and unique bird population. This evening, enjoy a traditional peka (baked vegetable and meat dish) dinner cooked on hot coals.

Entrance to the park is included and there are many opportunities for walking and relaxing in one of Croatia's most famed wonders.

**Private Vehicle**

Zagreb - Plitvice Lakes National Park3h-3h30m

Settle in and scan the scenery from the convenience of a private vehicle.

**Free Time**

Plitvice Lakes National Park Evening

Enjoy time on your own.

**Plitvice Lakes National Park Walk**

Plitvice Lakes National Park4h-5h

Enjoy a morning walk in the National Park, admiring the stunning karst rock formations and cascading waterfalls. Enjoy the fresh air and stunning views that make the park a must-see for visitors.

**Your Foodie Moment: Traditional Peka Dinner**

Evening

Indulge in Dalmatia's signature dish, Peka: a blend of meat, vegetables and herbs cooked over the embers of a fire. Meat doesn't get much more tender than this!

**Meals included: Breakfast | Dinner**

**Accommodation**

**Hotel Mirjana & Rastoke (or similar)**

Hotel

**Day 3 Plitvice Lakes National Park/Split**

Continue on to Split. In the early evening, take a guided walk around the Diocletian Palace, one of the most imposing Roman ruins in Europe.

**Private Vehicle**

Plitvice Lakes National Park - Split3h

Settle in and scan the scenery from the convenience of a private vehicle.

**Diocletian's Palace Guided Walk**

Split2h-2h30m

Take a guided walk around Diocletian's Palace, one of the most imposing Roman ruins in Europe. It took over 10 years to construct and is built of white stone imported from the island of Brac. Visiting this UNESCO World Heritage site is a perfect way to learn more about the history of Split.

**Meals included: Breakfast**

**Accommodation**

**Hotel Corner (or similar)**

Hotel

**Day 4 Split**

Enjoy free time to explore this charming seaside town.

Opt to visit the local market and gobble up some Croatian delicacies. For a little more activity, visit Marjan's peak, with gorgeous views over the city, or hit up some of the hiking and biking trails in the area.

**Free Time**

Split Full Day

Opt to visit the Archaeology Museum or take an excursion to Trogir.

**Optional Activities - Day 4**

**St Duje Cathedral Visit**

Split  
15-40HRK per person

The Cathedral of St Dujë is said to be the oldest cathedral in the world, built around 305 AD. Climb up the bell tower for excellent views of Split and the surrounding port area.

Archaeology Museum

Split1h-2h  
Free

The Archaeological Museum is the oldest museum in Croatia, built in 1820. It showcases a wide range of artifacts, from prehistoric times through Greek colonization and the Roman, early Christian, and medieval ages. The collections include stone epitaphs from Salona, Greek Hellenistic ceramics, Roman glass, clay lamps, antique and medieval coins, and a variety of artifacts made of bone, metal, and gems.

Trogir Excursion

Trogir4h-6h  
15-41EUR per person

Take an excursion to the historic city of Trogir, where the Old City core is a listed UNESCO World Heritage site. Found in the centre of Dalmatia on the eastern coastline of Adriatic sea, this pretty seaside town is a great place to walk and explore.

Meals included: Breakfast

Accommodation

Hotel Corner (or similar)

Hotel

Day 5 Split/Sarajevo

Travel to Mostar. Walk in the ancient town, visiting the famed Stari Most (Old Bridge), then continue to Sarajevo for the evening.

Private Vehicle

Split - Sarajevo5h-6h

Settle in and scan the scenery from the convenience of a private vehicle.

Border Crossing (Croatia - Bosnia)

Klek - Neum

Ready for a little more ink in your passport? Grab your bags and get ready to check another country off your bucket list.

Stari Most (Old Bridge) Visit

Mostar1h-2h

Visit the city's symbol; a beautiful, reconstructed Ottoman-style bridge. The bridge was constructed in the 1600s and was meticulously rebuilt after its destruction during the war. It's a reminder of the tenacity of the Bosnians and is a gorgeous sight to behold. Wait at the bottom for daredevils to dive into the icy river below.

Meals included: Breakfast

Accommodation

Hotel President (or similar)

Hotel

Day 6 Sarajevo

Learn about the Siege of Sarajevo from a local expert who lived through it. Visit the Tunnel of Hope and Trebevic Mountain, and gain insight into how the people of this city moved beyond conflict. After, visit a market and enjoy a local lunch with your CEO.

Your Journeys Highlight Moment: Siege of Sarajevo Tour

At nearly four years (1992-96) the Siege of Sarajevo is the longest siege of a capital city in modern warfare. Learn about this devastating period from a local expert who lived through the Bosnian War and is willing to share personal stories of this time. Visit the Tunnel of Hope and War Tunnel Museum, and gain perspective on what it was like to live in a 20th century city under siege. Then visit Trebevic Mountain, the site of several battles, to view bunkers, minefields, and trenches. One of the most interesting parts about this experience is the opportunity it gives viewers to learn how a city and its people can move beyond serious

conflict and once more find peace living together.

**Meals included: Breakfast | Lunch**

**Accommodation**

**Hotel President (or similar)**

Hotel

### **Day 7 Sarajevo**

Enjoy a free day to explore at your leisure.

Walk around the cobblestone streets of the Old Town (Stari Grad) while taking in the architecture of diverse places of worship. This is also a great place to shop and visit markets. The Latin Bridge is worth a visit as it played an important role in the history of this area. This is the site where the Archduke of the Austro Hungarian Empire, Franz Ferdinand, was assassinated, leading to the beginning of World War I.

**Free Time**

Sarajevo Full Day

Explore this fascinating city at your own pace.

**Optional Activities - Day 7**

**Latin Bridge Visit**

Sarajevo

Free

The Latin Bridge is worth a visit as it is a direct link to history. This is the sight where the Archduke of the Austro Hungarian Empire, Franz Ferdinand, was assassinated, leading to the beginning of World War I.

**Meals included: Breakfast**

**Accommodation**

**Hotel President (or similar)**

Hotel

### **Day 8 Sarajevo/Kotor**

Cross over to Montenegro for two days on the Bay of Kotor. Opt to visit the Roman mosaics in Risan, take a leisurely stroll in Perast and the islands, or go sea kayaking in the spectacular bay.

Continue to Montenegro and travel to the Bay of Kotor, a region that is listed as a UNESCO World Heritage site.

**Private Vehicle**

Sarajevo - Kotor5h

Settle in and scan the scenery from the convenience of a private vehicle.

**Border Crossing (Bosnia - Montenegro)**

Hum - Scepan-Polje15m

Ready for a little more ink in your passport? Grab your bags and get ready to check another country off your bucket list.

**Free Time**

Kotor Afternoon

Enjoy some time to explore this evening.

**Optional Activities - Day 8**

**Kotor City Exploration**

Kotor15m-30m

Free

Take some time to explore this picturesque town surrounded by a walled fortress built by the Republic of Venice. Kotor has a Mediterranean feel to it and the bay offers a stunning backdrop for photographs.

**Sea Kayaking**

Kotor  
20EUR per person

Head out by sea kayak to fully appreciate this gorgeous area. Start just outside the Old Town walls and explore the coast. Stop at a beach bar for a break or a swim.

**Kotor Maritime Museum**

Kotor  
4EUR per person

At the Maritime Museum, explore the history, culture and living artifacts that connect modern Kotor with its centuries-old naval traditions. Learn about the Boka Marines, a fraternity of sailors and navigators who helped shipbuilding flourish in the Balkans.

**Sveti Ivan Fortress Hike**

Kotor  
  
Hike up the medieval steps to Sveti Ivan Fortress and be rewarded with an incredible panoramic view of the Old City, harbour and Bay of Boka Kotorsha. This hike takes about an hour and is moderately challenging, but a highlight when visiting the area. We recommend climbing up just before sunset.

**Meals included: Breakfast**

**Accommodation**

**Hotel Porto In (or similar)**

Hotel

**Day 9 Kotor**

Enjoy a free day to explore.  
  
Opt to visit the Risan Roman mosaics and take a leisurely stroll in Perast and the islands, or go sea kayaking. If relaxing is more your style, the beaches of Herceg Novi offer a great escape. There are also local mud therapy spas nearby to test the natural healing properties of the area's sand.

**Free Time**

Kotor Full Day  
  
The day is yours to do as much or as little as you choose.

**Optional Activities - Day 9**

**Kotor City Exploration**

Kotor15m-30m  
Free

Take some time to explore this picturesque town surrounded by a walled fortress built by the Republic of Venice. Kotor has a Mediterranean feel to it and the bay offers a stunning backdrop for photographs.

**Risan town and Roman Mosaics Visit**

Risan2h-4h  
10EUR per person

Risan, once the capital of Kotor Bay, is a lovely town. Its most famous characteristic is the archaeological site is known as the Roman Mosaics. The mosaics are found in what remains of an ancient Roman villa, built sometime between the 2nd and 3rd century BC.

**Sea Kayaking**

Kotor  
20EUR per person

Head out by sea kayak to fully appreciate this gorgeous area. Start just outside the Old Town walls and explore the coast. Stop at a beach bar for a break or a swim.

### **Perast Visit**

Perast

Visit the small seaside town of Perast for a taste of the quaint in Montenegro.

### **Kotor Maritime Museum**

Kotor

4EUR per person

At the Maritime Museum, explore the history, culture and living artifacts that connect modern Kotor with its centuries-old naval traditions. Learn about the Boka Marines, a fraternity of sailors and navigators who helped shipbuilding flourish in the Balkans.

### **Herceg Novi Beach Visit**

Herceg-Novi

If relaxing is your style, the beaches of Herceg Novi offer a great escape. There are also local mud therapy spas nearby, so test out the natural healing properties of the area's sand if you like.

### **Lake Skadar National Park**

Kotor

Take a visit to the breathtaking Lake Skadar National Park. A short bus ride from Kotor, this dolphin-shaped water body is the largest lake in the Balkan region, and is one of the richest bird habitats in Europe. Take the day to explore the charming villages along the shore and submit to nature.

### **The Ladder of Kotor Hike**

Kotor

Hikers looking to get their adrenaline pumping should strap on their boots and head toward the Krstac Pass, standing 940m (3,083 ft) above the Old City. There's no better compliment to an increased heart rate than incredible views, and that's exactly what you'll get here. Be prepared with a camera and lots of water.

### **Donji Stoliv Hike**

Kotor

Follow a less challenging hike along the fjords lining the northern border, enjoying amazing views of the bay along the way, before coming upon the quaint fishing village of Donji Stoliv. This hike is mostly flat and is best enjoyed during the day.

### **Sveti Ivan Fortress Hike**

Kotor

Hike up the medieval steps to Sveti Ivan Fortress and be rewarded with an incredible panoramic view of the Old City, harbour and Bay of Boka Kotorsha. This hike takes about an hour and is moderately challenging, but a highlight when visiting the area. We recommend climbing up just before sunset.

### **Meals included: Breakfast**

### **Accommodation**

### **Hotel Porto In (or similar)**

Hotel

### **Day 10 Kotor/Dubrovnik**

Visit a family-run agroturizam villa surrounded by Mediterranean gardens and sweeping views of the Adriatic. Meet our local host then enjoy a traditional lunch of local ham, cheeses, and wine. Continue to Dubrovnik, the "Pearl of the Adriatic," and walk the old city walls.

Cross into Croatia and travel to Dubrovnik, known as the "Pearl of the Adriatic." Set on the Dalmatian coast, Dubrovnik has been an important maritime town in the region for centuries. Surrounded by medieval walls, it is rich in history and is a beautiful city to explore, filled with stunning architecture, museums, and fountains.

### **Private Vehicle**

Kotor - Dubrovnik2h

Settle in and scan the scenery from the convenience of a private vehicle.

### **Border Crossing (Montenegro - Croatia)**

Herceg-Novi - Karasovici15m-30m

Ready for a little more ink in your passport? Grab your bags and get ready to check another country off your bucket list.

**Your Journeys Highlight Moment: Agroturizam Experience**

With its lush, scenic landscapes, Croatia's Konavle Valley is a must for any visitor to the region. Visit a family-run agroturizam villa surrounded by Mediterranean gardens and sweeping views of the Adriatic Sea. Meet our local hosts (who'll greet us with homemade liqueur) and walk through their beautiful property to learn about the history and culture of the valley. Explore the lush gardens and pick fresh fruits and vegetables before enjoying a baking demonstration. Then, sit down for a traditional lunch of local hams, cheeses, breads, and wines. Yum.

**Dubrovnik City Wall Walk**

Dubrovnik1h-2h

Opt to take a walking tour or head out on your own to explore the city's ancient walls. A trip to Dubrovnik isn't complete without doing this 2km (1.1 mi) walk. See highlights along the way that include Fort Minceta, Fort St. John, Fort Lawrence, Fort Revelin, and St. Luke's Tower. There are three main entrances to the city walls, the principal one located by the Inner Pile Gates.

**Meals included: Breakfast | Lunch**

**Accommodation**

**Hotel Adria Dubrovnik (or similar)**

Hotel

**Day 11 Dubrovnik**

Enjoy a free day to explore the old town fortifications or take a boat trip to one of the nearby islands. The red roofs of the old city make for spectacular photos, and the seaside cafés serve up delicious seafood.

**Free Time**

Dubrovnik Full Day

Opt to visit museums, take a day trip to Lopud Island, or go sea kayaking.

**Optional Activities - Day 11**

**Lopud Island Visit**

Lopud

Escape the city on a ferry ride to Lopud Island, part of the Elafiti Islands and home to one of Croatia's most stunning beaches, Plaza Sunj.

**Sea Kayaking**

Dubrovnik 8km

36EUR per person

Head offshore by sea kayak to gain a different perspective of Dubrovnik and fully appreciate this gorgeous area. Tour around the city walls and take a loop around Lokrum.

**Meals included: Breakfast**

**Accommodation**

**Hotel Adria Dubrovnik (or similar)**

Hotel

**Day 12 Dubrovnik**

Depart at any time.

We recommend staying an extra day or two to fully experience all this lively city has to offer.

**Departure Day**

Not ready to leave? Your CEO can help with travel arrangements to extend your adventure.

**Meals included: Breakfast**

## What's Included

Your Journeys Highlight Moment: Siege of Sarajevo Tour, Sarajevo

Your Journeys Highlight Moment: Agroturizam Experience, Dubrovnik

Local Life: Traditional Peka Dinner, Zagreb. Plitvice Lakes National Park walk. Traditional peka dinner. Split orientation walk around Diocletian's Palace.

Excursion to Mostar visiting the Stari Most (Old Bridge). Kotor orientation walk. Dubrovnik city wall walk. All transport between destinations and to/from included activities.

## Highlights

Visit the stunning Plitvice Lakes National Park, Explore the ancient town of Mostar and the Stari Most (Old Bridge), Take a tour of the "Tunnel of Life" in Sarajevo, Spend a couple days on the Bay of Kotor.

## Dossier Disclaimer

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## Itinerary Disclaimer

While it is our intention to adhere to the route described below, there is a certain amount of flexibility built into the itinerary and on occasion it may be necessary, or desirable to make alterations. The itinerary is brief, as we never know exactly where our journey will take us. Due to our style of travel and the regions we visit, travel can be unpredictable. The Trip Details document is a general guide to the tour and region and any mention of specific destinations or wildlife is by no means a guarantee that they will be visited or encountered.

Additionally, any travel times listed are approximations only and subject to vary due to local circumstances.

## Important Notes

### 1. LOCAL GUIDES

It is important to note that in Europe, all guiding is based around local guides all of whom are licensed to work only in a particular city. As such, our leaders are able to provide orientation walks which will show you the layout of each town and city as well as the location of local services such as post offices and laundromats, but are unable to legally share historical facts and figures in public places.

### 2. LUGGAGE

In Europe it is very rare to find elevators in train stations, hotels or other public places. We use public transport on this trip, which means you will need to carry your luggage from platform to platform, in and out of trains and buses etc. and also possibly up several flights of stairs. You will also need to be able to stow your luggage safely on trains and buses. It is therefore essential that you pack light and bring luggage which is compact and lightweight, and which you can easily transport. The carrying of your luggage remains your responsibility at all times.

## Group Leader Description

This G Adventures group trip is accompanied by one of our group leaders. The aim of the group leader is to take the hassle out of your travels and to help you have the best trip possible. They will provide information on the places you are travelling through, offer suggestions for things to do and see, recommend great local eating venues and introduce you to our local friends. While not being guides in the traditional sense you can expect them to have a broad general knowledge of the countries visited on the trip, including historical, cultural, religious and social aspects.

## Group Size Notes

Max 16, Avg 10.

## Meals Included

11 breakfasts, 2 lunches, 1 dinner

## Meals

Eating is a big part of traveling. Travelling with G Adventures you experience the vast array of wonderful food that is available out in the world. Generally meals are not included in the trip price when there is a choice of eating options, to give you the maximum flexibility in deciding where, what and with whom to eat. It also gives you more budgeting flexibility, though generally food is cheap. Our groups tend to eat together to enable you to taste a larger variety of dishes and enjoy each other's company. There is no obligation to do this though. Your CEO will be able to suggest favourite restaurants during your trip. The above information

applies to G Adventures group trips. For Independent trips please check the itinerary for details of meals included. For all trips please refer to the meals included and budget information for included meals and meal budgets.

## Transport

Private minivan, walking, bus, boat.

## About our Transportation

Private van/mini-buses are used on this trip.

## Solo Travellers

We believe single travellers should not have to pay more to travel so our group trips are designed for shared accommodation and do not involve a single supplement. Single travellers joining group trips are paired in twin or multi-share accommodation with someone of the same sex for the duration of the trip. Some of our Independent trips are designed differently and single travellers on these itineraries must pay the single trip price.

## Accommodation

Hotels (11 nts).

## My Own Room

Please note that if you have booked the "My Own Room" option for this tour, you will receive your own single room for all night stops

## About Accommodation

It is important to note that accommodations in Europe tend to be quite different to other areas of the world you may have travelled in. Buildings and rooms are generally old and may not have been renovated or maintained to the highest standard. Downtown hotels in Europe were not built to be hotels but rich owners houses, which have been changed into hotels. Therefore unusual room sizes are common as large rooms have been partitioned in the past, resulting in rather "thin" walls. Reception areas, rooms and bathrooms tend to be very small as they were often added into an existing room, and may have a hand nozzle rather than a conventional shower head.

On this trip you can expect to stay in small family-run hotels or pensions (with the exception of the start and finish hotels, which are often larger city hotels), which will vary a little in standard and facilities: some may not have elevators, air-conditioning or English-speaking staff, but most importantly all are locally-run, with some traditional character, and in excellent central locations to give you maximum time for exploring the sights. You can expect to find clean, safe, simple accommodation in convenient locations.

Staff can occasionally demonstrate less than perfect customer service. As accommodation is in short supply, especially during the summer months, hotels can charge a premium and there is sometimes little motivation to improve facilities

## Joining Hotel

For details of your joining hotel please refer to your tour voucher, G Account, the G Adventures App or contact your travel agent.

## Joining Instructions

Please note that day 1 is an arrival day and no activities have been planned on this day. Upon arrival to the city on day 1 (or earlier if you have booked pre-accommodation with us), please make your way to the joining hotel (note that check-in time will be in the afternoon). Once you arrive at the hotel, look for a note or bulletin board in the reception with a note from your CEO. This note will give the details of your Welcome Meeting on day 1 (usually between 5pm and 7pm), where you will get a chance to meet your CEO and other travellers, as well as learn more about how the tour will run. If you don't see a note, please ask reception for details!

If you are arriving later and will miss the Welcome Meeting, your CEO will leave a note at reception for you with any information you may need, and with morning instructions for the next day.

GETTING TO HOTEL JADRAN:

The easiest way to get from Zagreb Airport to the Hotel is by taxi. You can alternatively take a Croatia Airlines Bus as well, which leaves after each flight and brings passengers to the main Bus Station in approximately half an hour at a rate of 30 kn. From there you can take tram Nr.8 in the direction of Mihaljevac. The ride to Draskoviceva is approximately ten minutes.

Hotel Jadran is located in the very center of Zagreb, only minutes away from the main square and Zagreb Cathedral. Zagreb is very well connected by public transport via trams and buses. Ticket prices in one direction range from 10 to 15 kn, while a daily ticket costs 40 kn. It is also possible to buy tickets for multiple days. The tram station at Ban Jelacic Square is only a couple of minutes walk from the Hotel. There are a few taxi companies in Zagreb with very reasonable prices.

## Arrival Complications

We don't expect any problems, and nor should you, but if for any reason you are unable to commence your trip as scheduled, as soon as possible please contact your starting point hotel, requesting that you speak to or leave a message for your CEO. If you are unable to get in touch with your leader, please refer to our emergency contact details.

## Emergency Contact

Should you need to contact us during a situation of dire need, it is best to first call our G Adventures Local Office. If for any reason you do not receive an immediate answer, please leave a detailed message and contact information, so they may return your call and assist you as soon as possible.

### EMERGENCY CONTACT NUMBER

G Adventures Berlin office: +4915203076785

If you are unable for any reason to contact our local office, please call the numbers listed below, which will connect you directly with our 24 hour Sales team, who will happily assist you.

Toll-free, from calls within North America only: 1 888 800 4100  
Calls from within UK: 0344 272 0000  
Calls from within Germany: 0800 365 1000  
Calls from within Australia: 1 300 796 618  
Calls from within New Zealand: 0800 333 307  
Outside North America, Australia, New Zealand, Germany and the UK: +1 416 260 0999

## What to Take

We recommend using a backpack for your convenience, or a medium-sized suitcase if you prefer. A daypack is also essential for carrying everyday items. Space is limited on transportation, so there is a limit of one main piece of luggage per person. You will be responsible for carrying your own luggage. You must be prepared to carry your luggage up and down stairs, on and off transportation, and to hotels (max 15-20 mins.)

## Packing List

### Documents:

- \* Flight info (required) (Printouts of e-tickets may be required at the border)
- \* Insurance info (required) (With photocopies)
- \* Passport (required) (With photocopies)
- \* Required visas or vaccination certificates (required) (With photocopies)
- \* Vouchers and pre-departure information (required)

### Essentials:

- \* Binoculars (optional)
- \* Camera (With extra memory cards and batteries)
- \* Cash, credit and debit cards
- \* Day pack (Used for daily excursions or short overnights)
- \* Ear plugs
- \* First-aid kit (should contain lip balm with sunscreen, sunscreen, whistle, Aspirin, Ibuprofen, bandaids/plasters, tape, anti-histamines, antibacterial gel/wipes, antiseptic cream, Imodium or similar tablets for mild cases of diarrhea, rehydration powder, water purification tablets or drops, insect repellent, sewing kit, extra prescription drugs you may be taking)
- \* Flashlight/torch (Headlamps are ideal)
- \* Fleece top/sweater
- \* Footwear
- \* Hat
- \* Locks for bags
- \* Long pants/jeans
- \* Moneybelt
- \* Outlet adapter
- \* Personal entertainment (Reading and writing materials, cards, music player, etc.)
- \* Reusable water bottle
- \* Shirts/t-shirts
- \* Sleepwear
- \* Small travel towel
- \* Sunglasses
- \* Toiletries (Preferably biodegradable)
- \* Watch and alarm clock
- \* Waterproof backpack cover
- \* Windproof rain jacket

### Smart Dress:

- \* Smart outfit (For evenings out)

Warm Weather:

- \* Sandals/flip-flops
- \* Shorts/skirts (Longer shorts/skirts are recommended)
- \* Sun hat/bandana
- \* Swimwear

## Laundry

Laundry facilities are offered by some of our hotels for a charge or ask your CEO where the closest laundromat is. There will be times when you may want to or have to do your own laundry so we suggest you bring non-polluting/biodegradable soap.

## Visas and Entry Requirements

Contact your local embassy or consulate for the most up-to-date visa requirements, or see your travel agent. It is your responsibility to have the correct travel documentation. While we provide the following information in good faith, it is vital that you check yourself and understand that you are fully responsible for your own visa requirements.

All visitors to the EU (European Union) and EEC (European Economic Community) countries require a valid passport (with a minimum 6 months validity). USA, Canada, Australia and New Zealand passport holders do not need a visa to visit the Schengen area (see below), however they may not stay longer than three months in any 6-month period.

For other nationalities, travelling in Europe has been simplified with the introduction of the Schengen visa. As a visitor to the Schengen area (Austria, Germany, Netherlands, Belgium, Greece, Norway, Denmark, Iceland, Portugal, Finland, Italy, Spain, France, Luxembourg, Sweden, Czech Republic, Hungary, Estonia, Latvia, Lithuania, Malta, Poland, Slovakia, Slovenia and Switzerland) you will enjoy the many advantages of this unified visa system. Generally speaking with a Schengen visa, you may enter one Schengen country and travel freely throughout the Schengen region during the validity of your visa. There are limited border controls at Schengen borders, if any at all.

Please note that the UK and Ireland are NOT part of the Schengen agreement.

A Schengen visa is applied for at the Embassy or Consulate of the Schengen country in which you will be spending the most nights on your trip to the Schengen space. If you are only visiting one country on your trip then you apply for your visa at the Consulate of this Schengen country.

## Spending Money

Every traveller is different and therefore spending money requirements will vary. Some travellers may drink more than others while other travellers like to purchase more souvenirs than most. Please consider your own spending habits when it comes to allowing for drinks, shopping and tipping. Please also remember the following specific recommendations when planning your trip.

## Money Exchange

Credit cards and debit cards are very useful for cash advances but you must remember to bring your PIN number (be aware that many ATM machines only accept 4-digit PINs). Both Cirrus and Plus system cards are the most widely accepted debit cards. Visa cards are the most widely accepted credit cards. While ATMs are commonly available, there are no guarantees that your credit or debit cards will actually work - Check with your bank. You should be aware when purchasing products or services on a credit card, that a fee usually applies.

Do not rely on credit or debit cards as your only source of money. A combination of Euros, traveller's cheques and cards is best. Avoid relying on traveller's cheques alone as these are less and less readily cashed as clients use them very little.

Always take more rather than less, as you don't want to spoil the trip by constantly feeling short of funds.

As currency exchange rates can fluctuate often we ask that you refer to the following website for daily exchange rates: [www.xe.com](http://www.xe.com)

## Emergency Fund

Please also make sure you have access to at least an additional USD \$200 (or equivalent) as an 'emergency' fund, to be used when circumstances outside our control (ex. a natural disaster) require a change to our planned route. This is a rare occurrence!

## Departure Tax

Usually included in international air ticket

## Tipping

It is customary in Europe to leave a small tip for service providers, such as waiters, if you are pleased with the service (EUR1-2).

Tipping is an expected - though not compulsory - component of your tour program, and an expression of satisfaction with the persons who have assisted you on your tour. Although it may not be customary to you, it is of considerable significance to the people who will take care of you during your travels. There are several times during the trip where there is opportunity to tip the local guides. You may do this individually, or your CEO will offer to collect the money and tip as a group. Recommendations for tipping local guides would range from EUR3-5 per day, depending on the quality and length of the service; ask your CEO for specific

recommendations based on the circumstances and culture.

Also at the end of each trip if you felt your G Adventures CEO did an outstanding job, tipping is appreciated. The amount is entirely a personal preference, however as a guideline EUR30-40 per person, per week can be used.

## Optional Activities

### Split

- Archaeology Museum (Free)
- St Dujce Cathedral Visit (15-40HRK per person)

### Trogir

- Trogir Excursion (15-41EUR per person)

### Sarajevo

- Latin Bridge Visit (Free)

### Kotor

- Kotor City Exploration (Free)
- Sea Kayaking (20EUR per person)
- Sveti Ivan Fortress Hike
- Kotor Maritime Museum (4EUR per person)
- Lake Skadar National Park
- The Ladder of Kotor Hike
- Donji Stoliv Hike

### Risan

- Risan town and Roman Mosaics Visit (10EUR per person)

### Perast

- Perast Visit

### Herceg-Novi

- Herceg Novi Beach Visit

### Lopud

- Lopud Island Visit

### Dubrovnik

- Sea Kayaking (36EUR per person)

## Health

Please note inoculations may be required for the country visited. It is your responsibility to consult with your travel doctor for up to date medical travel information well before departure.

You should consult your doctor for up-to-date medical travel information well before departure. We recommend that you carry a First Aid kit and hand sanitizers / antibacterial wipes as well as any personal medical requirements. Please be aware that quite often we are in remote areas and away from medical facilities, and for legal reasons our leaders are prohibited from administering any type of drug including headache tablets, antibiotics, etc. When selecting your trip please carefully read the brochure and itinerary and assess your ability to cope with our style of travel. Please refer to the Physical and Culture Shock ratings for trip specific information. G Adventures reserves the right to exclude any traveller from all or part of a trip without refund if in the reasonable opinion of our CEO they are unable to complete the itinerary without undue risk to themselves and/or the rest of the group.

## Safety and Security

Many national governments provide a regularly updated advice service on safety issues involved with international travel. We recommend that you check your government's advice for their latest travel information before departure. We strongly recommend the use of a neck wallet or money belt while travelling, for the safe keeping of your passport, air tickets, travellers' cheques, cash and other valuable items. Leave your valuable jewellery at home - you won't need it while travelling. Many of the hotels we use have safety deposit boxes, which is the most secure way of storing your valuables. A lock is recommended for securing your luggage. When travelling on a group trip, please note that your CEO has the authority to amend or cancel any part of the trip itinerary if it is deemed necessary due to safety concerns. Your CEO will accompany you on all included activities. During your trip you will have some free time to pursue your own interests, relax and take it easy or explore at your leisure. While your CEO will assist you with options available in a given location please note that any optional activities you undertake are not part of your itinerary, and we offer no representations about the safety of the activity or the standard of the operators running them. Please use your own good judgment when selecting an activity in your free time. Although the cities visited on tour are generally safe during the day, there can be risks to wandering throughout any major city at night. It is our recommendation to stay in small groups and to take taxis to and from restaurants, or during night time excursions.

Protests and Demonstrations- Protests and demonstrations, even those that are well intended, have the potential to turn violent with no warning. Counter protests can also turn violent. Action by security forces to disperse demonstrators and protesters may occur at any time. If you are in an area where demonstrators or

protesters are gathering, avoid the temptation of staying for a good photo opportunity and leave the area immediately.

Water based activities have an element of danger and excitement built into them. We recommend only participating in water based activities when accompanied by a guide(s). We make every reasonable effort to ensure the fun and adventurous element of any water based activities (in countries with varying degrees of operating standards) have a balanced approach to safety. It is our policy not to allow our CEOs to make arrangements on your behalf for water based activities that are not accompanied by guide(s).

Swimming, including snorkeling, is always at your own risk.

We take all prudent measures in relation to your safety. For ways to further enhance your personal safety while traveling, please visit:

[www.gadventures.com/travel-resources/safety/](http://www.gadventures.com/travel-resources/safety/)

## **Trip Specific Safety**

Always keep an eye on your belongings especially in major cities, bus and train terminals.

## **A Couple of Rules**

Illegal drugs will not be tolerated on any trips. Possessing or using drugs not only contravenes the laws of the land but also puts the rest of the group at risk. Smoking marijuana and opium is a part of local culture in some parts of the world but is not acceptable for our travellers. Our philosophy of travel is one of respect towards everyone we encounter, and in particular the local people who make the world the special place it is. The exploitation of prostitutes is completely contrary to this philosophy. Our CEOs have the right to expel any member of the group if drugs are found in their possession or if they use prostitutes.

## **Travel Insurance**

Travel Insurance: Travel insurance is compulsory in order to participate on any of our trips. When travelling on a group trip, you will not be permitted to join the group until evidence of travel insurance has been sighted by your CEO, who will take note of your insurance details. When selecting a travel insurance policy please bear in mind that all clients must have medical coverage and that we require a minimum coverage of USD 200,000 for repatriation and emergency rescue. We strongly recommend that the policy also covers personal liability, cancellation, curtailment and loss of luggage and personal effects. If you have credit card insurance we require proof of purchase of the trip (a receipt of credit card statement) with a credit card in your name. Contact your bank for details of their participating insurer, the level of coverage and emergency contact telephone number.

## **Planeterra-The G Adventures Foundation**

The Planeterra Foundation [planeterra.org](http://planeterra.org) is a Canadian non-profit organization that helps empower local people to develop their communities, conserve their cultures, and create humane and supportive systems for their endeavours. Planeterra provides capacity building and catalyst grants to get community social enterprises off the ground. These businesses address local challenges by providing benefits for indigenous people, empowering marginalized women, and granting disadvantaged youth access to education, employment, and brighter futures. Planeterra also works to ensure these businesses have a thriving customer base by integrating programs into G Adventures' itineraries globally.

G Adventures is Planeterra's largest corporate donor, covering all operating costs so 100% of your donation will bring opportunity to people in need.

### **Dollar-a-Day Program**

G Adventures' Dollar-a-Day Program provides travellers with the opportunity to give back to the people and places visited on our tours by donating one dollar for every day you are on trip. 100% of these donations go directly to support community development projects worldwide that are implemented by Planeterra.

## **Feedback**

After your travels, we want to hear from you! Your feedback information is so important to us that we'll give you 5% off the price of your next G Adventures trip if your feedback is completed on-line within 30 days of finishing your trip. Your tour evaluation will be e-mailed to you 24 hours after the conclusion of your trip. If you do not receive the tour evaluation link in the days after your tour has finished, please drop us a line at [customerservice@gadventures.com](mailto:customerservice@gadventures.com) and we will send it on to you.

## **Newsletter**

Our adventure travel e-newsletter is full of travel news, trip information, interesting stories and contests. To avoid missing out on special offers and updates from G Adventures, subscribe at [www.gadventures.com/newsletters/](http://www.gadventures.com/newsletters/)

Stay current on how our company invests in our global community through our foundation - Planeterra. Sign up for [Planeterra's monthly news](#) to learn more about how to give back and support the people and places we love to visit.

## **Minimum Age**

You must be 18 to travel unaccompanied on a G Adventures tour. For minors travelling with a guardian over 21 years old, the minimum age is 12.

**International Flights**

Check-in times and baggage allowances/restrictions vary by airline and can change at any time. For the most up-to-date information for your flight, please contact your airline. We recommend checking in online in advance to avoid potential delays at the airport.