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COVER CREDIT: Joel Sartore/National Geographic Photo Ark/photographed at Pheasant Heaven, Clinton, North Carolina.
DEAR READERS,

2018 is a big year for us at National Geographic. Across National Geographic Partners, we are celebrating Year of the Bird. In addition to magazine and digital stories, events, partnerships, and calls to action, we’re thrilled to be publishing Joel Sartore’s *Birds of the Photo Ark*. A follow-up to last year’s wildly successful *The Photo Ark*, this extraordinary volume reveals the splendor and astonishing diversity of the avian world.

In other news from the animal kingdom, we’re delighted to bring you Jim and Jamie Dutcher’s *The Wisdom of Wolves*. I’ve been captivated by the intelligence and creativity of these remarkable animals, and spellbound by the way Jim and Jamie became part of the Sawtooth pack. Their stories of life among the wolves are rich with humanity and the spirit of the wild.

We’ve got a good deal to offer from the human world as well. In *The Promise and the Dream*, prize-winning journalist David Margolick explores the legacies of Martin Luther King, Jr., and Robert F. Kennedy in commemoration of the 50th anniversaries of their assassinations. Best-selling biographer Karen Karbo celebrates 29 iconic women in her witty narrative *In Praise of Difficult Women*. And mindfulness coach Laurie Cameron teaches us all how to be more present in *The Mindful Day*. Hint: Think about changing your alarm clock!

The best part of spring is getting out of the house again, and new editions of our best-selling *Guide to State Parks of the United States* and *Guide to Scenic Highways and Byways* offer thousands of ways to do just that.

Thank you for supporting National Geographic—our books and our mission.

Warmly,

LISA THOMAS
Publisher and Editorial Director
National Geographic Books
lisa.thomas@natgeo.com | 202-791-2021 | Mobile: 703-927-7477
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THE PROMISE AND THE DREAM
THE INTERRUPTED LIVES OF ROBERT F. KENNEDY AND MARTIN LUTHER KING, JR.
David Margolick

Fifty years after the assassinations of Martin Luther King, Jr., and Robert F. Kennedy, acclaimed journalist David Margolick reveals the untold story of the complex relationship between the two remarkable men.

With the assassinations of Martin Luther King, Jr., and Robert F. Kennedy, which took place only 62 days apart in 1968, the United States was changed forever. The deaths of these two great American heroes were a turning point in the social history of our country, embodying the nation’s inner turmoil and serving as a sinister embodiment of race relations at the time. Fifty years later, how far have we come? In this riveting narrative, journalist David Margolick examines the complex relationship between MLK and RFK and provides a living history of this turbulent time, documented with richly drawn interviews from the people who experienced it firsthand. Filled with untold stories from close intimates and revealing photos by the foremost photojournalists of the period, this book provides a compelling look at a tumultuous moment in our country’s history, bringing the past vibrantly to life to shine a light on the unique cultural crossroads of the modern age.

DAVID MARGOLICK is a longtime contributing editor to Vanity Fair. As a renowned reporter, he has held positions at Newsweek and Portfolio.com. For 15 years he was the legal affairs reporter for the New York Times, where he covered the trials of O.J. Simpson, Lorena Bobbitt, and William Kennedy Smith. His work was nominated four times for the Pulitzer Prize. Margolick remains a frequent contributor to the New York Times Book Review, and his work has appeared in the New York Review of Books, Tablet, and The Forward. His previous books include Dreadful: The Short Life and Gay Times of John Horne Burns; Elizabeth and Hazel: Two Women of Little Rock; Beyond Glory: Joe Louis vs. Max Schmeling, and a World on the Brink; and Strange Fruit: The Biography of a Song.

ALSO AVAILABLE

The Kennedy Mystique
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9 x 9 Inches
229 x 229 mm
152 Pages, 144 Illustrations
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RIGHTS: WD

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US on Sale: 2016
6 x 9 Inches
152 x 229 mm
272 Pages, 12 Photographs
550,000 Words
978-1-4262-1644-2 HC
US $24.00/CAN $30.00
RIGHTS: WD
FRS: ITA, KOR
ALSO AVAILABLE IN EBOOK & AUDIO
BIRDS OF THE PHOTO ARK

Joel Sartore and Noah Strycker

This elegantly packaged celebration of birds from around the world unites incredible animal portraits from Joel Sartore’s distinguished National Geographic Photo Ark project with inspiring text by up-and-coming birder Noah Strycker. It includes hundreds of species, from tiny finches to charismatic eagles, brilliant toucans, and intricate birds of paradise, and owls also make colorful appearances. Everyone who cares about birds—from the family with a bird feeder outside the kitchen window to the serious birder with a life list of thousands—will flock to this distinctive and uplifting book.

JOEL SARTORE is a photographer, author, and 25-year contributor to National Geographic magazine. Through his National Geographic Photo Ark project, he will photograph every species of animal under human care, an estimated 12,000. His “Fundamentals of Photography” is the best-selling course of all the Great Courses. Sartore often appears on national television, including an upcoming three-part PBS special, and he is a frequent guest on CBS Sunday Morning.

NOAH STRYCKER is a writer, photographer, and birding expert. In 2015 he set a world record by seeing 6,042 species of birds (more than half the birds on Earth) in a year. Author of The Thing With Feathers and Among Penguins, he is also associate editor of Birding magazine and writes often for Audubon and other publications. He lives near Eugene, Oregon.

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The Photo Ark
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9-7/8 x 9-7/8 Inches
251 x 251 mm
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FRS: CHI, FRA, GER, ITA, JAP, KOR, NET, TAI

Rare
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10 x 7 Inches
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160 Pages, 100 Illustrations
10,000 Words
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FRS: CHI, JAP

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400 Pages, 250 Photographs
8,000 Words
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IN PRAISE OF DIFFICULT WOMEN
LIFE LESSONS FROM 29 HEROINES WHO DARED TO BREAK THE RULES
Karen Karbo, with a Foreword by Cheryl Strayed

From Amelia Earhart to Carrie Fisher, this witty narrative explores what we can learn from the imperfect and extraordinary legacies of 29 iconic women who forged their own unique paths.

Smart, sassy, and unapologetically feminine, this elegantly illustrated book is an ode to the bold and charismatic women of modern history. Best-selling author Karen Karbo (The Gospel According to Coco Chanel) spotlights the spirited rule breakers who charted their own paths with little regard for expectations: Frida Kahlo, Nora Ephron, Hillary Clinton, Amy Poehler, Shonda Rhimes, Elizabeth Taylor, and Helen Gurley Brown, among others. Their lives—imperfect, elegant, messy, glorious—provide inspiration and instruction for the new age of feminism we have entered. Karbo distills these lessons with wit and humor, examining the universal themes that connect us to each of these mesmerizing personalities today: success and style, love and authenticity, daring and courage. Being “difficult,” Karbo reveals, might not make life easier. But it can make it more fulfilling—whatever that means for you.

KAREN KARBO is the author of multiple award-winning novels, memoirs, and works of nonfiction. She was one of 24 authors selected for the inaugural Amtrak Residency. Her best-selling Kick-Ass Women series includes The Gospel According to Coco Chanel: Life Lessons From the World’s Most Elegant Woman, which was an international best-seller. Karbo’s short stories, essays, articles, and reviews have appeared in Elle, Vogue, Esquire, Outside, the New York Times, Salon, and other publications. She is a recipient of a National Endowment for the Arts Fellowship in Fiction and a winner of the General Electric Younger Writer Award. Karbo lives in Portland, Oregon, where she continues to kick ass.

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6 x 9 inches
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US on Sale 2015
6 x 9 inches
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93,000 Words
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304 Pages, 16 Illustrations
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EYEWITNESS TO WORLD WAR II
UNFORGETTABLE STORIES FROM HISTORY’S GREATEST CONFLICT

Stephen G. Hyslop, with an Introduction by Winston Groom

This elegant narrative edition of Neil Kagan’s best-selling Eyewitness to World War II offers incredible first-person stories and amazing moments of heroism, providing new context and perspective on history’s greatest conflict.

The unforgettable story of World War II is told through the words of those who lived it—both on the battlefield and the home front—creating a dramatic tapestry of the wartime experience. Personal writings and recollections of Roosevelt, Hitler, and Patton, as well as letters composed by soldiers at battle and diaries of women serving in the military at home, present an absorbing narrative that tells the entire history of the war from several perspectives. In this absorbing reader’s edition, a carefully curated selection of memorable, significant photographs and illuminating maps from the 2012 book accompany the revised text. Comprehensive and compelling, this finely wrought book is as gift-worthy as its predecessor.

STEPHEN G. HYSLOP has written several books on American history, including National Geographic’s Eyewitness to World War II, Eyewitness to the Civil War, and The Old West. A former writer and editor at Time-Life Books, he contributed to many volumes on the Second World War, including Great Photographs of World War II. His articles have appeared in American History, World War II, and The History Channel Magazine.
THE WISDOM OF WOLVES
LESSONS FROM THE SAWTOOTH PACK
Jim Dutcher and Jamie Dutcher

From the world-famous couple who lived alongside a three-generation wolf pack, this book of inspiration, drawn from the wild, will fascinate animal and nature lovers alike.

For six years Jim and Jamie Dutcher lived intimately with a pack of wolves, gaining their trust as no one has before. In this book the Dutchers reflect on the virtues they observed in wolf society and behavior. Each chapter exemplifies a principle, such as kindness, teamwork, playfulness, respect, curiosity, and compassion. Their heartfelt stories combine into a thought-provoking meditation on the values shared between the human and the animal world. Occasional photographs bring the wolves and their behaviors into absorbing focus.

For more than 20 years, JIM AND JAMIE DUTCHER have been documenting wolf behavior. For six years they lived in a camp near Idaho’s Sawtooth Wilderness, intimately observing a three-generation wolf pack. Their unprecedented experiences resulted in prime-time documentaries that won three Emmys. They live in Ketchum, Idaho.

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The Hidden Life of Wolves
US on Sale: 2013
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A Friend for Lakota
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9-1/2 x 9-1/2 Inches
241 x 241 mm
32 Pages, 30 Illustrations
1500 Words
Ages: 4-8 Years, Grades: Preschool-3
978-1-4263-2082-8 HC/UK
978-1-4263-2083-5 RLB
US $26.90/CAN $32.00
GRL: M
THE MINDFUL DAY
PRACTICAL WAYS TO FIND FOCUS, CALM, AND JOY
FROM MORNING TO EVENING

Laurie Cameron

Combining contemplative traditions, modern neuroscience, and psychology, this engaging, relatable book is the ultimate how-to guide for overscheduled adults looking to bring peace and focus to their daily lives at home, in the workplace, and beyond.

It’s hard to imagine packing one more thing into our overwhelmed lives. But new research shows that simple daily exercises can improve focus, lift our mood, create stronger connections, and help us develop greater resilience. In this enriching book, mindfulness expert Laurie Cameron provides an everyday road map to cultivate inner peace and navigate any situation with control and clarity. Timeless teachings and straightforward practices designed for busy schedules show how mindfulness can transform your life.

Leadership coach and teacher LAURIE CAMERON combines Eastern traditions, positive psychology, and neuroscience to help bring mindfulness to business, education, and parenting. In addition to founding PurposeBlue, a leadership company dedicated to mindfulness, Cameron is a certified teacher for Google’s Search Inside Yourself Leadership Institute. She lives in Chevy Chase, Maryland.

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20 ILLUSTRATIONS
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A MOTHER'S BOOK OF BLESSINGS
A TREASURY OF WISDOM FOR LIFE'S GREATEST MOMENTS
Lena Tabori

This beautifully illustrated keepsake contains more than 100 blessings from around the world that will commemorate life's special moments and encourage everyday reflection for the whole family.

With ageless wisdom for every occasion, this elegant little book is the perfect gift for moms to share with their children—and for themselves. Time-honored proverbs, enlightening parables, and inspiring poetry, illustrated with exquisite vintage art, encourage readers to contemplate and celebrate life's milestones. These uplifting words and their invaluable lessons, drawn from cultures around the world, will resonate with families of all walks. Whether commemorating a birthday, or celebrating a housewarming or a special holiday, this timeless treasure of 100-plus blessings provides guidance and encouragement for everyone. It’s an enduring keepsake readers will turn to again and again.

LENA TABORI is the founder of Welcome Enterprises and is currently Welcome’s CEO and the publisher of Welcome Books, the imprint under which the company publishes illustrated books. She is the author of the Little Big Book series, which has a total of 27 books in print. Tabori lives in East Hampton and New York with Frank Rehor.

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UK ON SALE DATE: APR 5, 2018
978-1-4262-1896-5 HC
UK £16.99
165 X 165 MM
This stunning keepsake baby journal is filled with beautiful National Geographic photography and inspiring prose, perfect for parents to record their infant’s first year from birth to birthday—and all the memories in between.

Welcome Little One is the perfect way for parents to capture the special moments before, during, and after the birth of their new child. A wonderful gift for new parents-to-be, this beautiful book includes removable stickers for each monthly milestone, ensuring that every moment of baby’s first year is celebrated with love. Bursting with color illustrations, heartwarming poems and sayings, and plenty of opportunities to personalize each page with your own memories, this special book introduces the new baby to a world of beauty, promise, and hope—and is sure to be treasured for years to come.

KRISTIN BAIRD RATTINI has entertained and educated adults and children alike for the past 20 years with engaging books and magazine articles. She has written for National Geographic, National Geographic Kids, People, Family Circle, American Way, Midwest Living, and dozens of other publications.
NATIONAL GEOGRAPHIC GUIDE TO SCENIC HIGHWAYS AND BYWAYS, 5TH EDITION
THE 300 BEST DRIVES IN THE U.S.
National Geographic

The fifth and latest edition of National Geographic Guide to Scenic Highways and Byways provides more than 300 possibilities for spectacular getaways throughout the 50 states. Whether you’re looking for a short day trip close to home or a several-weeks-long vacation, you’ll find a host of ideas in this beautifully illustrated, detail-packed book, which celebrates America’s regional diversity, rich history, and jaw-dropping splendor. Veteran National Geographic authors with deep knowledge of each area employ superb storytelling techniques to enliven your journeys. Each drive features mile-by-mile directions, as well as all the practical info you’ll need to make your next road trip an experience to remember.

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978-1-4262-1905-4 PB
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ALSO AVAILABLE

NATIONAL GEOGRAPHIC GUIDE TO STATE PARKS OF THE UNITED STATES, 5TH EDITION
National Geographic

Discover more than 950 of the best parks in all 50 states in this completely updated guide from National Geographic. Bask in the spectacular beauty of the country’s finest state parks, handpicked by park directors and National Geographic editors. This fully updated fifth edition includes 750 additional off-the-beaten-track destinations. Beautifully written descriptions tell the stories of the parks from their wildlife, natural features, and history to their most popular activities. Vivid images inspire your next getaway, while detailed information helps you plan your next excursion.

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Secrets of the National Parks
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15,000 Words
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978-1-4262-1015-0 PB
RIGHTS: WD
FRS: CHI, ITA, POL, TAI
LOVE UNLEASHED
TALES OF INSPIRATION AND THE LIFE-CHANGING POWER OF DOGS
Rebecca Ascher-Walsh

This book is for dog lovers everywhere. Celebrating the amazing relationships shared with our four-legged friends, each story recounts the love of dogs and the powerful ways dogs impact our lives.

In this heartwarming collection of stories, readers meet 38 incredible dogs who have gone above and beyond the job description of best friend. Each uplifting story provides an inspiring look at the animals who change our lives. Meet rescue dogs who learn to serve others, working dogs who go beyond the call of duty, and underdogs who surmount extraordinary challenges on the road to finding their forever home. This treasury of man’s best friend features photographs and personal anecdotes from those who have been touched by the selfless love of a beloved pet.

Journalist REBECCA ASCHER-WALSH loves dogs and excels at imparting stories about amazing animals. She is the author of Devoted, Loyal, and The Art of Calm, and she contributes to many newspapers and national magazines, including Entertainment Weekly, Adweek, and the Los Angeles Times. She is a director of the Deja Foundation, devoted to funding the medical care and training costs of dogs rescued from high-kill shelters.

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178 X 178 MM

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HISTORY

THE ESSENTIAL LEWIS AND CLARK
Meriwether Lewis and William Clark, Edited by Anthony Brandt

The celebrated journals of Lewis and Clark’s legendary expedition into the uncharted American West are abridged into a single volume and translated into modern English, with nuanced observations from star author and journalist Anthony Brandt.

At the start of the 19th century, Meriwether Lewis and William Clark embarked on an unprecedented voyage of discovery. Their assignment was to explore the newly acquired Louisiana Territory and record the geography, flora, fauna, and people they encountered along the way. This updated edition of the captains’ journals combines historical insight from editor Anthony Brandt with the rich detail of Lewis and Clark’s original writing, as well as archival maps and artwork. An enthralling portrait of the unspoiled West, this true-life adventure story is a window to the dawning of America—from encounters with grizzly bears to councils with tribal leaders and perilous mountain crossings.

ANTHONY BRANDT attended Princeton and Columbia before becoming a freelance writer for Esquire, American Heritage, The Atlantic, Psychology Today, GQ, Men’s Journal, National Geographic Adventure, and many other magazines. He was the essays editor of the Pushcart Prize for eighteen years and has served as a nonfiction judge for the National Book Awards. Brandt edited the Adventure Classics series for National Geographic Books, including the first edition of The Journals of Lewis and Clark.

ALSO AVAILABLE

Atlas of Indian Nations
US on Sale: 2014
9-1/8 x 10-7/8 Inches
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70,000 Words
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US $40.00/CAN $46.00
RIGHTS: WD

National Geographic The Indian Wars
US on Sale: 2017
9-1/8 x 10-7/8 Inches
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320 Pages, 230 Photographs, 12 Maps
90,000 Words
978-1-4262-1743-2 HC
US $40.00/CAN $54.00
RIGHTS: WD

The Old West
US on Sale: 2015
9-1/8 x 10-7/8 Inches
232 x 276 mm
320 Pages, 450 Illustrations
75,000 Words
978-1-4262-1555-1 HC
US $40.00/CAN $47.00
RIGHTS: WD
1,001 WAYS TO BE CREATIVE
A LITTLE BOOK OF EVERYDAY INSPIRATION
Barbara Ann Kipfer

Best-selling author Dr. Barbara Ann Kipfer is back with a new, beautifully illustrated book that will help you break free from to-do lists and find time to think and live more creatively. In today’s overscheduled world, there is often little room for creativity in our daily lives. 1,001 Ways to Be Creative shows you how to set your brain free and will help you find the time and energy to play, dream, imagine, breathe, and explore. This inspirational book of lists offers a treasure trove of ways to bring creativity into your life, including ideas for innovative things to do, practical tips, and thought-provoking quotes. Interactive prompts inspire art projects, storytelling, innovative thinking, seeing like an artist, and more. With this energizing book by your side, your next Big Idea could be just around the corner!

BARBARA ANN KIPFER is the author of the national bestseller 14,000 Things to Be Happy About and its tie-in Page-a-Day calendars. She has written more than 70 books, including the first two books in this series, 1,001 Ways to Live Wild and 1,001 Ways to Slow Down. Other beloved titles include The Order of Things, Self-Meditation, Instant Karma, 8,789 Words of Wisdom, The Wish List, 4,000 Questions for Getting to Know Anyone and Everyone, and Roget’s International Thesaurus.

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Barbara Hannah Grufferman

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BARBARA HANNAH GRUFFERMAN is a nationally recognized advocate for positive aging and a prominent champion for women over 50. Her first book, The Best of Everything After 50, addressed the concerns of real women with practical advice from experts like Diane von Furstenberg, Frédéric Fekkai, and Jane Bryant Quinn, and established Grufferman as a trusted guide to life after 50. She is also a top contributor to HuffPost and AARP.org.
WADE DAVIS PHOTOGRAPHS

A fascinating photographic journey to indigenous cultures around the world by renowned anthropologist Wade Davis.

Anthropologist and best-selling author Wade Davis has traveled the world, befriending indigenous peoples on every continent and engaging in their spiritual lives and practices. To him, no culture is primitive—every daily habit, every ritual, every ceremony expresses the human genius. In this book he takes us into the heart of 20 different world cultures, from the ancient salt mines of the Sahara to the icy world of the Inuit, from the pastoral nomads of Mongolia to the dreaming Aboriginals of Australia. Through sensitive text and revealing photos, enter what Davis calls our “ethnosphere”: the extraordinary matrix of cultures thriving on this planet.

National Geographic Explorer-in-Residence WADE DAVIS is an anthropologist and storyteller whose work has taken him into indigenous communities worldwide. He is the author of 17 books, including The Serpent and the Rainbow (1986) and Into the Silence: The Great War, Mallory, and the Conquest of Everest (2011), which won the 2012 Samuel Johnson Prize for best English-language nonfiction. For National Geographic TV he created Light at the Edge of the World, an eight-part documentary. One of 20 Honorary Members of the Explorers Club, in 2011 Davis received their Explorers Medal, the club’s highest award.
QUÉBEC
A PHOTOGRAPHIC ROAD TRIP THROUGH CANADA’S BEAUTIFUL PROVINCE
Mathieu Dupuis

This stunning visual road trip through Québec—photographed by one of Canada’s foremost photographers—provides endless travel inspiration, plus sample itineraries and insider tips to inspire your own journey.

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Author of eight books and contributor to 19 more, MATHIEU Dupuis is a professional photographer based in Montreal, Québec. After studying commercial photography, he specialized in editorial reporting, corporate assignments, book publishing, and advertising. He pursues a diversified approach in photography, and has developed a strong network of clients, from the Tourism Alliance of Québec to Air Canada to Mercedes Benz.
TRAVELER GUIDES

NATIONAL GEOGRAPHIC TRAVELER: COSTA RICA, 5TH EDITION
Christopher P. Baker

This dazzling guidebook, written by Central America travel expert Christopher P. Baker, covers all the main cities, towns, and regions of Costa Rica, helping travelers negotiate one of the world’s leading destinations for eco-travel. Travel tips for San José, Nicoya, and Guanacaste are all fully revised and updated for this latest edition. The book outlines detailed city walks and regional drives, complete with maps and reservation information. Also included are features on geography (life in the lowland rain forest and volcanoes); Costa Rica’s diversity of wildlife (butterflies, marine turtles, and snakes); and adventure activities (white-water rafting and sportfishing).

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NATIONAL GEOGRAPHIC TRAVELER: NEW ZEALAND, 3RD EDITION
Peter Turner, with Photographs by Colin Monteath

This newly revised edition of National Geographic’s comprehensive New Zealand guide brings the visitor attractions, museums, hotels, restaurants, and ski resorts of this dynamic country right up to the moment. The Christchurch chapter has been fully updated to reflect the recovery and rebuilding after the earthquakes of 2010 and 2011, and a new two-page experiential feature on traveling the Great Rides cyclist trails of New Zealand has been added. Travel information tips for Auckland, Wellington, Christchurch, and Canterbury, and excursions around all the islands have all been updated, featuring new activities. Walks in Auckland and Dunedin, as well as a Tongariro Alpine crossing, are also provided, along with suggested drives around the East Cape and through the Catlins; all include maps and reservation details. Informative features take the traveler “In Pursuit of the Rings,” into the realm of a wildlife wonderland, and high up into New Zealand’s ski country and glaciers.

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NATIONAL GEOGRAPHIC TRAVELER: PORTUGAL, 3RD EDITION
Fiona Dunlop

This newly revised edition of National Geographic’s authoritative Portugal guide brings the visitor attractions, museums, hotels, restaurants, and beach resorts of this dynamic country right up to the moment. It also includes two timely new additions: The first celebrates the national soccer team’s coronation as European Champions in 2016 and examines the long history of the sport in Portugal; the second covers the new CR7 Museum, dedicated to soccer legend Cristiano Ronaldo, a native of Madeira. Travel information tips for Lisbon, Porto, the Algarve, and excursions into the country are all updated, and new visitor activities have been added. Walks in Lisbon’s Almama and Porto’s Ribeira districts, and drives around the fortified villages of the Serra da Marofo, complete with maps and reservation information, are also included, along with informative features on Portuguese cuisine, Portuguese wine, fado music, Sintra’s English eccentrics, and Madeira’s vegetation.

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Cesar Millan’s Lessons From the Pack
Stories of the Dogs Who Changed My Life
Cesar Millan and Melissa Jo Peltier

Best-selling author and “Dog Whisperer” Cesar Millan reveals the inspiring human-canine relationship, using eight essential life lessons gleaned from a group of very special dogs.

In this heartwarming book, now in paperback, celebrated dog behaviorist Cesar Millan reveals that man’s best friend is also our greatest teacher. Through eight remarkable dogs—from Paloma, the mutt who shows Cesar the meaning of respect on his grandfather’s farm in Mexico, to Daddy, his wise pit bull sidekick—Millan takes us on an emotional journey, highlighting the profound lessons he’s learned from his pack along the way. At each step, canine companions are his guideposts, teaching him to overcome his fears, survive a difficult divorce, and create a more meaningful life. Digging deep into his past, and sharing case studies from such celebrity clients as Jerry Seinfeld and Alec Baldwin, he spotlights the essential traits that help dogs make the best of their situations, imparting a unique blueprint for happiness and fulfillment through canine companionship.

Star of National Geographic WILD’s Dog Whisperer and Cesar Millan’s Dog Nation, CESAR MILLAN is the most sought-after dog behaviorist in the world. He is the author of the New York Times bestsellers Cesar’s Way and How to Raise the Perfect Dog, as well as Cesar Millan’s Short Guide to a Happy Dog. He runs the Cesar Millan PACK Project, a nonprofit organization dedicated to animal rescue, rehabilitation, and rehoming.

ALSO BY CESAR MILLAN

Cesar Millan’s Short Guide to a Happy Dog
US on Sale: 2013
5-3/8 x 8-3/16 Inches
105x175 mm
206 Pages, 50 Illustrations
50,000 Words
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US $21.95/CAN $21.95
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NO DREAM IS TOO HIGH
LIFE LESSONS FROM A MAN WHO WALKED ON THE MOON
Buzz Aldrin, with Ken Abraham

Now in paperback and updated with a new essay on his celebrated trip to Antarctica comes this best-selling inspirational memoir from beloved astronaut Buzz Aldrin.

Buzz Aldrin is an American hero. Always larger than life, he is the best known surviving member of a generation of astronauts who in just a few years became both the first men in space and first men on the moon. In this inspiring book, Aldrin pauses to reflect and share what he has learned about life from the vantage point of both outer space and time. (Still a nonstop traveler and impassioned advocate for space exploration, he turned 87 in 2017.) Consisting of nine principles to live by, each illustrated by fascinating anecdotes and memories, this thought-provoking book is a beautiful memento of a life well lived—and a new opportunity for Aldrin to connect with the masses of people who recognize his unique place in human history.

BUZZ ALDRIN, celebrated for his Apollo 11 moonwalk in 1969, holds a doctorate degree in astronautics and continues to wield influence as an international advocate of space science and planetary exploration. He has written four nonfiction books, two science fact/fiction novels, and two children’s books. KEN ABRAHAM is a New York Times best-selling author, known around the world for his collaborations with celebrities and fascinating, high-profile public figures, including former U.S. attorney general John Ashcroft, former senator Bob Dole, former U.S. Senate majority leader Bill Frist, and champion boxer and entrepreneur George Foreman. Currently, Abraham has more than ten million books in print.

ANDY WARHOL WAS A HOARDER
INSIDE THE MINDS OF HISTORY’S GREAT PERSONALITIES
Claudia Kalb

Was Andy Warhol a hoarder? Did Einstein have autism? Was Frank Lloyd Wright a narcissist? In this surprising, inventive, and meticulously researched look at the evolution of mental health, respected journalist Claudia Kalb gives readers a glimpse into the lives of high-profile historic figures through the lens of modern psychology, weaving groundbreaking research into biographical narratives that are deeply embedded in our culture. From Marilyn Monroe’s borderline personality disorder to Charles Darwin’s anxiety, Kalb provides compelling insight into a broad range of maladies, using historical records and interviews with leading mental health experts, biographers, sociologists, and other specialists. Packed with intriguing revelations, this smart narrative brings a new perspective to one of the hottest topics in today’s cultural conversation.

CLAUDIA KALB, an award-winning journalist who reports on a wide variety of health and science topics, is known for combining serious reporting with engaging, accessible writing. A former senior writer at Newsweek who has contributed to Smithsonian and Scientific American, Kalb has penned hundreds of features on topics ranging from depression and PTSD to painkiller addiction and the surge in drugs used to treat ADHD. She is now a freelance writer and editor.
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